#### Spring 2017 STARSkate Schedule / Grand Trunk Arena

Junior	Junior Intermediate B Intermedia		Senior	
Monday	Monday	Monday	Monday	
5:15-5:30pm Group	4:00-5:00pm Freeskate 4:00-5:00pm Freeskate		5:45-6:15pm Off-ice	
5:30-6:15pm Freeskate	5:00-5:15pm Skills/Dance	5:00-5:15pm Skills/Dance	6:30-7:15pm Freeskate	
6:30-7:00pm Off-ice	5:15-5:30pm Group	5:15-5:30pm Group	7:15-7:30pm Flood	
•	5:45-6:15pm Off-ice	5:45-6:15pm Off-ice	7:30-8:15pm Freeskate	
			8:15-8:30pm Group	
Tuesday	Tuesday	Tuesday	Tuesday	
4:30-5:00pm Off-ice	4:00-4:45pm Freeskate	4:00-4:45pm Freeskate	7:00-7:45pm Freeskate	
5:15-6:00pm Freeskate	4:45-5:15pm Freeskate	4:45-5:15pm Freeskate	7:45-8:00pm Flood	
	5:30-6:00pm Off-ice	5:30-6:00pm Off-ice	8:00-8:45pm Freeskate	
Wednesday	Wednesday	Wednesday	Wednesday	
5:15-5:30pm Group	4:00-5:00pm Freeskate	4:00-5:00pm Freeskate	5:45-6:15pm Off-ice	
5:30-6:15pm Freeskate	5:00-5:15pm Skills/Dance	5:00-5:15pm Skills/Dance	6:30-7:15pm Freeskate	
6:30-7:00pm Off-ice	5:15-5:30pm Group	5:15-5:30pm Group	7:15-7:30pm Flood	
	5:45-6:15pm Off-ice	5:45-6:15pm Off-ice	7:30-8:15pm Freeskate	
			8:15-8:30pm Group	
Thursday	Thursday	Thursday	Thursday	
5:15-6:00pm Freeskate	6:15-6:45pm Off-ice	3:00-3:45pm Freeskate	2:00-2:45pm Freeskate	
6:15-6:45pm Off-ice	7:00-8:00pm Freeskate	3:45-4:00pm FLOOD	2:45-3:00pm FLOOD	
		4:00-5:00pm Freeskate	3:00-3:45pm Freeskate	
		5:00-5:15pm Spins	3:45-4:00pm FLOOD	
		5:30-6:00pm Off-ice	4:00-5:00pm Freeskate	
			5:00-5:15pm Spins	
			5:30-6:00pm Off-ice	
	Friday	Friday	Friday	
	4:00-4:45pm Freeskate	4:00-4:45pm Freeskate	5:15-5:45pm Off-ice Jump	
	4:45-5:00pm FLOOD	4:45-5:00pm FLOOD	6:00-6:15pm Group	
	5:00-5:30pm Freeskate	5:00-5:30pm Freeskate	6:15-7:00pm Freeskate	
	5:30-5:45pm Skills/Dance	5:30-5:45pm Skills/Dance	7:00-7:15pm FLOOD	
	6:00-6:30pm Off-ice Jumps	6:00-6:30pm Off-ice Jumps	7:15-8:00pm Freeskate	
Saturday	Saturday	Saturday	Saturday	
10:45-11:15am GROUP	9:45-10:45am Freeskate	9:45-10:45am Freeskate	8:00-9:00am Freeskate	
11:15am-12:00pm Freeskate		10:45-11:15am Group 9:00-9:30am Spins/D		

# NO SKATING DAYS: April 14,15,17,28,29 May 20,22,27

### 2017 Spring/Summer Skating Levels

<u>Junior</u>	Intermediate B	<u>Intermediate A</u>	<u>Senior</u>
-no tests	-STAR 2-4	-STAR 4 -Sr. Bronze Free	-must be able to land 3
-STAR 1,2,3	-age considerations	-age considerations	different doubles
		-Pre Juvenile	-age considerations 14 and
			older
			-Juvenile to Senior
			Competitive
			-STAR 6 to Gold

## June High Performance Camp (HP)

June 12,13,14,15 (Grand Trunk Arena)

#### Senior STAR / Intermediate A / Sectional Competitors

Monday To Thursday	Intense 4 day training camp
3:45-4:15pm Off-ice warm-up	
4:30-4:45pm Edges	Open To
4:45-5:30pm Freeskate #1	*Pre Juvenile to Senior Competitive
5:30-5:45pm FLOOD	*All Senior/Intermediate A Skaters
5:45-6:00pm Spins	
6:00-6:45pm Freeskate #2	
6:45-7:00pm Endurance Stroking	
7:05-7:20pm Cool Down Stretching	

## June Camps June 19th to 30th (Grand Trunk Arena)

**Open To:** Junior/Intermediate B /Intermediate A/Senior STARSkate

<u>June Camp #1:</u> June 19,20,21,22,23 (Monday to Friday) <u>June Camp #2:</u> June 26,27,28,29,30 (Monday to Friday)

Junior	Intermediate B	Intermediate A	Senior
Mon/Wed/Fri	Mon/Wed/Fri	Mon/Wed/Fri	Mon/Wed/Fri
5:45-6:15pm Off-ice	5:45-6:15pm Off-ice	4:30-5:15pm Freeskate	4:30-5:15pm Freeskate
6:30-7:30pm Freeskate	6:30-7:30pm Freeskate	5:15-5:30pm FLOOD	5:15-5:30pm FLOOD
		5:30-6:15pm Freeskate	5:30-6:15pm Freeskate
		6:30-7:00pm Off-ice	6:30-7:00pm Off-ice
Tuesday	Tuesday	Tuesday	Tuesday
6:15-7:00pm Freeskate	7:00-7:15pm Group	7:00-7:15pm Group	4:30-5:15pm Freeskate
7:00-7:15pm Group	7:15-8:00pm Freeskate	7:15-8:00pm Freeskate	5:15-6:00pm Freeskate
	8:00-8:15pm Spins	8:00-8:15pm Spins	
Thursday	Thursday	Thursday	Thursday
5:15-5:30pm Group	4:30-5:15pm Freeskate	4:30-5:15pm Freeskate	5:30-6:00pm Off-ice
5:30-6:15pm Freeskate	5:15-5:30pm Group	5:15-5:30pm Group	6:15-7:00pm Freeskate
	5:30-6:00pm Off-ice	5:30-6:00pm Off-ice	7:00-7:15pm FLOOD
			7:15-8:00pm Freeskate

June Packages	Junior	Intermediate B	Intermediate A	Senior
HP Camp	N/A	N/A	\$72.00	\$72.00
June Camp 1	\$52.00	\$58.00	\$73.00	\$76.00
June Camp 2	\$52.00	\$58.00	\$73.00	\$76.00

## **Summer Camps / Clareview Arena**

Junior Intermediate B		Intermediate A	Senior
Monday/Wednesday	Monday/Wednesday	Monday/Wednesday	Monday/Wednesday
5:00-5:45pm Freeskate	3:15-4:30pm Freeskate	2:45-3:15pm Spins/Dance/Skills	12:30-1:15pm Freeskate
5:45-6:00pm Group	4:30-4:45pm Group	3:15-4:30pm Freeskate	1:15-1:30pm FLOOD
6:05-6:35pm Off-ice	4:45-5:00pm Flood	4:30-4:45pm Group	1:30-2:15pm Freeskate
	5:00-5:15pm Skills/Dance	5:30-6:00pm Off-ice	2:15-2:30pm Group
	5:30-6:00pm Off-ice		2:30-2:45pm FLOOD
			2:45-3:15pm Spins/Dance/Skills
			3:30-4:00pm Off-ice
Tuesday/Thursday Tuesday/Thursday		Tuesday/Thursday	Tuesday/Thursday
4:15-4:45pm Off-ice	2:15-2:45pm Off-ice	2:15-2:45pm Off-ice	12:30-1:15pm Freeskate
5:00-5:45pm Freeskate	3:15-4:30pm Freeskate	3:00-3:15pm Spins/Dance/Skills	1:15-1:30pm FLOOD
5:45-6:00pm Group	4:30-4:45pm Group	3:15-4:30pm Freeskate	1:30-2:15pm Freeskate
	4:45-5:00pm Flood	4:30-4:45pm Group	2:15-2:30pm Group
5:00-5:15pm Skills/Dance			2:45-3:15pm Off-ice
<u>Friday</u> <u>Friday</u>		<u>Friday</u>	<u>Friday</u>
8:00-8:45am Freeskate	8:00-8:45am Freeskate	8:00-8:45am Freeskate	9:15-9:45am Off-ice jumps
8:45-9:15am Group	8:45-9:15am Group	8:45-9:15am Group	10:00-10:45am Freeskate
9:30-10:00am Off-ice	9:15-9:30am Flood	9:15-9:30am Flood	10:45-11:00am FLOOD
	9:30-10:00am Freeskate	9:30-10:15am Freeskate	11:00-11:45am Freeskate
	10:30-11:00am Off-ice	10:30-11:00am Off-ice	11:45-12:15pm Group

July Packages	Junior	Intermediate B	Intermediate A	Senior
July Camp 1	\$73.00	\$101.00	\$107.00	\$115.00
July Camp 2	\$73.00	\$101.00	\$107.00	\$115.00
July Camp 3	\$73.00	\$101.00	\$107.00	\$115.00
July Camp 4	\$73.00	\$101.00	\$107.00	\$115.00
July Camp 5	\$73.00	\$101.00	\$107.00	\$115.00
July Camp 6	\$73.00	\$101.00	\$107.00	\$115.00
BC Comp. Ice Sunday	NA	\$16.00	\$16.00	\$16.00
BC Comp. Ice Monday	NA	\$16.00	\$16.00	\$16.00
BC Comp. Ice Tuesday	NA	\$16.00	\$16.00	\$16.00

### **BC Summer Camp Extra Training Ice**

Open to all Senior /Intermediate A or skaters attending the BC Competition 7:30-9:30am (Sunday/Monday/Tuesday)

### Spring/Summer Registration Form / 2017 Fliteway

Skater's Name:	_Skating Level: (Please Circle)	Senior / Intermediate A/ Intermediate B / Junior

### To help with lesson planning and session flow, please circle the days you will be skating.

April Week 1	April 3,4,5,6,7,8	Grand Trunk Arena
April Week 2	April 10,11,12,13	
April Week 3	April 18,19,20,21,22	Sunsational Competition (Edmonton)
April Week 4	April 24,25,26,27	
May Week 5	May 1,2,3,4,5,6	
May Week 6	May 8,9,10,11,12,13	
May Week 7	May 15,16,17,18,19	
May Week 8	May 23,24,25,26	Test Day May 26 4:00-8:00pm
Off Season	May 27 to June 11	
June HP Camp	June 12,13,14,15	
June Week #1	June 19,20,21,22,23	
June Week #2	June 26,27,28,29,30	
July Week #1	July 3,4,5,6,7	Switch to Clareview Arena
July Week #2	July 10,11,12,13,14	
July Week #3	July 17,18,19,20,21	
July Week #4	July 24,25,26,27,28	
August Week #5	July 31, Aug. 1,2,3,4	
August Week #6	Aug, 7,8,9,10,11	Test Day August 11th 9:00am to 1:00pm
BC Comp. ice	Aug, 13,14,15	7:30-9:30am (Clareview Arena)

Packages	Junior	Int. B	Int. A	Senior	
HP Camp	NA	NA	\$72.00	\$72.00	
June Camp 1	\$52.00	\$58.00	\$73.00	\$76.00	
June Camp 2	\$52.00	\$58.00	\$73.00	\$76.00	
July Camp 1	\$73.00	\$101.00	\$107.00	\$115.00	
July Camp 2	\$73.00	\$101.00	\$107.00	\$115.00	
July Camp 3	\$73.00	\$101.00	\$107.00	\$115.00	
July Camp 4	\$73.00	\$101.00	\$107.00	\$115.00	
July Camp 5	\$73.00	\$101.00	\$107.00	\$115.00	
July Camp 6	\$73.00	\$101.00	\$107.00	\$115.00	
Aug. 13	NA	\$16.00	\$16.00	\$16.00	
Aug. 14	NA	\$16.00	\$16.00	\$16.00	
Aug. 15	NA	\$16.00	\$16.00	\$16.00	
	TOTAL	\$ TOTAL	\$ TOTAL	\$ TOTAL	\$

### 3 Month Packages (Includes June, July, August) -pay 1 price, skate as much as you want

	Junior STAR	Intermediate B	Intermediate A	Senior STAR
:	\$145.00 per/month	\$185.00 per/month	\$233.00 per/month	248.00 per/month
	20% Discount	25% Discount	25% Discount	25% Discount

3 Month Package (Register online) Weekly Packages (Register through Michelle)

<u>Please circle your package</u>